



## **An Instructional Video on the Preparation of Prosphora**



### **Prosphora: The Bread of Life**

**A 39-minute video recorded at one of**

**Saints Peter and Paul's**

**Prosphora-making classes is available on-line now.**

The video is introduced and narrated by John Weber with sections containing Danita Collins' bread-making instructions and Fr. Joseph's comments.

[Download the Video Here](#)

(Note-This is a large file (363Mb) and will take a while to download)

[Download a Smaller Version here](#)

(Note-This is still a large file (187Mb) and will still take a while to download -- just not as long)

**Source URL:** <http://www.peterandpaul.net/prosphora-bread-of-life>